



Acharya Program Requirements Teaching The Core Teachings

Please see below the requirements for teaching the core teachings, please note these may be subject to change.

- Once sangha per month per subject, for at least ten months
- At least 50 hours one on one with students in the HHS per subject. Please note, these hours cannot be from working with existing buddies or fellow AP students
- **The teaching logs should be completed with as much detail as possible, to include what went well, what was challenging, for both yourself and the mentee. These notes should be made as soon as the session has finished to provide Helen with a comprehensive overview of the session.**
- You must be practising this core teaching yourself in order to teach it
- After the 50 hours are completed, there will be four hours working one on one with HHS students where I observe the session
- Once completed a typed report on each of our sessions on how it went and how you would do it differently if needed
- Session with me where you present how you would teach the core teaching with me as if I was the student
- I will also require a typed report of how you feel your sanghas are going in the subject